

FEBRUARY 2010

LUNCH - SECONDARY



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 <i>Bean & Cheese Burrito V</i> <i>Peanut Butter & Jelly Pocket V WG</i> <i>Grilled Beef Sliders with BBQ Slaw</i> <i>Optional Weekly Entrée**</i> Corn on the Cob Spanish Style Rice Seedless Red Grapes Chilled Orange Juice Choice of Milk	2 <i>Sliced Pepperoni Pizza</i> <i>Vegetarian Chili with Tortilla Chips V</i> <i>Asian Style Chicken Salad</i> <i>Optional Weekly Entrée**</i> Zucchini Sticks Fresh Baby Carrots Fresh Tangelo Chilled Apple Juice Choice of Milk	3 <i>Cheeseburger on Whole Wheat Bun WG</i> <i>Garden Veggie Burger with Cheese V WG</i> <i>Orange Chicken Bowl with Brown Rice WG</i> <i>Optional Weekly Entrée**</i> Crisp Baked Potato Rounds Shredded Lettuce & Sliced Tomatoes Fresh Cut Cantaloupe Chilled Apple Juice Choice of Milk	4 <i>Parmesan Lasagna</i> <i>Bean & Cheese Burrito V</i> <i>Chicken Italiano Melt</i> <i>Optional Weekly Entrée**</i> Fresh Baby Carrots Italian Vegetable Medley Chilled Peaches Chilled Orange Juice Choice of Milk	5 <i>Beef Taco Triangles</i> <i>Macaroni Au Gratin V</i> <i>Wings of Fire with Cheese Bread Bar</i> <i>Optional Weekly Entrée**</i> Oven Baked Crinkle Cut Fries Crisp Broccoli Bites Fresh Pineapple Chunks Chilled Orange Juice Choice of Milk
8 <i>Low Fat Mini Turkey Corn Dogs</i> <i>Bean & Cheese Burrito V</i> <i>Café LA Chicken & Cheese Enchiladas WG</i> <i>Optional Weekly Entrée*</i> Peas Celery Sticks Seedless Red Grapes Chilled Orange Juice Choice of Milk	9 <i>Chicken Cordon Bleu Style Sandwich WG</i> <i>Peanut Butter & Jelly Pocket V WG</i> <i>Beef Taco Triangles</i> <i>Optional Weekly Entrée*</i> Fresh Jicama Sticks with Lime Wedge Fresh Baby Carrots Oven Roasted Potato Wedges Chilled Apple Juice Choice of Milk	10 <i>Italian Calzone with Turkey Pepperoni</i> <i>Roasted Vegetable Frittata with Whole Wheat Dinner Roll V WG</i> <i>Baked Chicken with Whole Wheat Dinner Roll WG</i> <i>Optional Weekly Entrée*</i> HOTM: Italian Baked Beets Zucchini Sticks / Fruit Cup Chilled Apple Juice Choice of Milk	11 <i>Hot & Spicy Chicken Strips</i> <i>Oven Baked Cheese Pizza V</i> <i>Home-Style Shepherd's Pie with Grain Roll WG</i> <i>Optional Weekly Entrée*</i> Sweet Potato Sticks Café LA Tossed Side Salad Chilled Pears Chilled Orange Juice Choice of Milk	12 <i>Spaghetti & Meatballs</i> <i>Toasted Cheese Sandwich V WG</i> <i>Kung Pao Chicken Bowl with Brown Rice WG</i> <i>Optional Weekly Entrée*</i> Whole Kernel Corn Italian Vegetable Medley Chilled Applesauce Chilled Orange Juice Choice of Milk
15 Presidents' Day	16 <i>Sliced Pepperoni Pizza</i> <i>Vegetarian Chili with Tortilla Chips V</i> <i>Peanut Butter & Jelly Pocket V WG</i> Fresh Tangelo Chilled Apple Juice Choice of Milk	17 <i>Cheeseburger on Whole Wheat Bun WG</i> <i>Garden Veggie Burger with Cheese V WG</i> <i>Orange Chicken Bowl with Brown Rice WG</i> <i>Optional Weekly Entrée**</i> Crisp Baked Potato Rounds Shredded Lettuce & Sliced Tomatoes Fresh Cut Cantaloupe Chilled Orange Juice Choice of Milk	18 <i>Parmesan Lasagna</i> <i>Bean & Cheese Burrito V</i> <i>Chicken Italiano Melt</i> <i>Optional Weekly Entrée**</i> Fresh Baby Carrots Italian Vegetable Medley Chilled Peaches Chilled Orange Juice Choice of Milk	19 <i>Beef Taco Triangles</i> <i>Macaroni Au Gratin V</i> <i>Wings of Fire with Cheese Bread Bar</i> <i>Optional Weekly Entrée**</i> Oven Baked Crinkle Cut Fries Crisp Broccoli Bites Fresh Pineapple Chunks Chilled Orange Juice Choice of Milk
22 <i>Low Fat Mini Turkey Corn Dogs</i> <i>Bean & Cheese Burrito V</i> <i>Café LA Chicken & Cheese Enchiladas WG</i> <i>Optional Weekly Entrée*</i> Peas Celery Sticks Seedless Red Grapes Chilled Orange Juice Choice of Milk	23 <i>Chicken Cordon Bleu Style Sandwich WG</i> <i>Peanut Butter & Jelly Pocket V WG</i> <i>Beef Taco Triangles</i> <i>Optional Weekly Entrée*</i> Fresh Jicama Sticks with Lime Wedge Fresh Baby Carrots Oven Roasted Potato Wedges Chilled Apple Juice Choice of Milk	24 <i>Italian Calzone with Turkey Pepperoni</i> <i>Roasted Vegetable Frittata with Whole Wheat Dinner Roll V WG</i> <i>Baked Chicken with Whole Wheat Dinner Roll WG</i> <i>Optional Weekly Entrée*</i> HOTM: Italian Baked Beets Zucchini Sticks / Fruit Cup Chilled Apple Juice Choice of Milk	25 <i>Hot & Spicy Chicken Strips</i> <i>Oven Baked Cheese Pizza V</i> <i>Home-Style Shepherd's Pie with Grain Roll WG</i> <i>Optional Weekly Entrée*</i> Sweet Potato Sticks Café LA Tossed Side Salad Chilled Pears Chilled Orange Juice Choice of Milk	26 <i>Spaghetti & Meatballs</i> <i>Toasted Cheese Sandwich V WG</i> <i>Kung Pao Chicken Bowl with Brown Rice WG</i> <i>Optional Weekly Entrée*</i> Whole Kernel Corn Italian Vegetable Medley Chilled Applesauce Chilled Orange Juice Choice of Milk
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