

OCTOBER 2009

BREAKFAST - SECONDARY



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><i>Condiments Available: Grape Jelly, Strawberry Jam, Honey, Syrup</i></p>	<p>V = Represent Vegetarian Entrée WG = Represent Whole Grain</p> <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 10px auto;"> <p>M & C: 8/6/2009</p> </div>		<p>1 Cinnamon French Toasts & Chicken Hoagie Sliced Bagel with Lite Cream Cheese V Multigrain Cheerios & Graham Crackers V WG Fresh Banana Chilled Apple Juice Choice of Milk</p>	<p>2 Waffle Sticks & Beef Sausage Patty Home-Style Cinnamon Roll V Toasted Oats & Graham Crackers V WG Orange Citrus Smiles Chilled Apple Juice Choice of Milk</p>
<p>5 Vegetarian Italian Bagels V WG Mini Sausage Rolls Multigrain Cheerios & Graham Crackers V WG Fresh Cut Cantaloupe Chilled Apple Juice Choice of Milk</p>	<p>6 Beef Sausage & Biscuit Whole Grain Pancakes & Chicken Hoagie WG Toasted Oats & Graham Crackers V WG Fresh Apple Slices Chilled Orange Juice Choice of Milk</p>	<p>7 Café LA Signature Coffee Cake V Fruit & Yogurt Parfait with Cinnamon Graham Crackers V Bran Flakes with Raisins & Cinnamon Graham Crackers V WG Fresh Cut Honeydew Chilled Apple Juice Choice of Milk</p>	<p>8 Cinnamon French Toasts & Chicken Hoagie Sliced Bagel with Lite Cream Cheese V Multigrain Cheerios & Graham Crackers V WG Fresh Banana Chilled Apple Juice Choice of Milk</p>	<p>9 Waffle Sticks & Beef Sausage Patty Home-Style Cinnamon Roll V Toasted Oats & Graham Crackers V WG Orange Citrus Smiles Chilled Apple Juice Choice of Milk</p>
<p>12 Vegetarian Italian Bagels V WG Mini Sausage Rolls Multigrain Cheerios & Graham Crackers V WG Fresh Cut Cantaloupe Chilled Apple Juice Choice of Milk</p>	<p>13 Beef Sausage & Biscuit Whole Grain Pancakes & Chicken Hoagie WG Toasted Oats & Graham Crackers V WG Fresh Apple Slices Chilled Orange Juice Choice of Milk</p>	<p>14 Café LA Signature Coffee Cake V Fruit & Yogurt Parfait with Cinnamon Graham Crackers V Bran Flakes with Raisins & Cinnamon Graham Crackers V WG Fresh Cut Honeydew Chilled Orange Juice Choice of Milk</p>	<p>15 Cinnamon French Toasts & Chicken Hoagie Sliced Bagel with Lite Cream Cheese V Multigrain Cheerios & Graham Crackers V WG Fresh Banana Chilled Apple Juice Choice of Milk</p>	<p>16 Waffle Sticks & Beef Sausage Patty Home-Style Cinnamon Roll V Toasted Oats & Graham Crackers V WG Orange Citrus Smiles Chilled Apple Juice Choice of Milk</p>
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Milk Options: 1% White, 1% Strawberry, FF Chocolate, or FF Lactose Free

Menus are Subject to Change