

SEPTEMBER 2009

TRADITIONAL BREAKFAST - SECONDARY



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Condiments Available: Grape Jelly, Strawberry Jam, Honey, Syrup</i>	1	2	3	4
7 Labor Day Holiday	8	9 <i>Café LA Signature Coffee Cake V</i> <i>Fruit & Yogurt Parfait with Graham Crackers V</i> <i>Bran Flakes with Raisins & Graham Crackers V</i> Fresh Cut Honeydew Chilled Orange Juice Choice of Milk	10 <i>Cinnamon French Toasts & Chicken Hoagie</i> <i>Sliced Bagel with Lite Cream Cheese V</i> <i>Multigrain Cheerios & Graham Crackers V</i> Fresh Banana Chilled Apple Juice Choice of Milk	11 <i>Waffle Sticks & Beef Sausage Patty</i> <i>Home-Style Cinnamon Roll V</i> <i>Toasted Oats & Graham Crackers V</i> Orange Citrus Smiles Chilled Apple Juice Choice of Milk
14 <i>Vegetarian Italian Bagels V</i> <i>Mini Sausage Rolls</i> <i>Multigrain Cheerios & Graham Crackers V</i> Fresh Cut Cantaloupe Chilled Apple Juice Choice of Milk	15 <i>Beef Sausage & Biscuit</i> <i>Whole Grain Pancakes & Chicken Hoagie</i> <i>Toasted Oats & Graham Crackers V</i> Fresh Apple Slices Chilled Orange Juice Choice of Milk	16 <i>Café LA Signature Coffee Cake V</i> <i>Fruit & Yogurt Parfait with Graham Crackers V</i> <i>Bran Flakes with Raisins & Graham Crackers V</i> Fresh Cut Honeydew Chilled Orange Juice Choice of Milk	17 <i>Cinnamon French Toasts & Chicken Hoagie</i> <i>Sliced Bagel with Lite Cream Cheese V</i> <i>Multigrain Cheerios & Graham Crackers V</i> Fresh Banana Chilled Apple Juice Choice of Milk	18 <i>Waffle Sticks & Beef Sausage Patty</i> <i>Home-Style Cinnamon Roll V</i> <i>Toasted Oats & Graham Crackers V</i> Orange Citrus Smiles Chilled Apple Juice Choice of Milk
21 <i>Vegetarian Italian Bagels V</i> <i>Mini Sausage Rolls</i> <i>Multigrain Cheerios & Graham Crackers V</i> Fresh Cut Cantaloupe Chilled Apple Juice Choice of Milk	22 <i>Beef Sausage & Biscuit</i> <i>Whole Grain Pancakes & Chicken Hoagie</i> <i>Toasted Oats & Graham Crackers V</i> Fresh Apple Slices Chilled Orange Juice Choice of Milk	23 <i>Café LA Signature Coffee Cake V</i> <i>Fruit & Yogurt Parfait with Graham Crackers V</i> <i>Bran Flakes with Raisins & Graham Crackers V</i> Fresh Cut Honeydew Chilled Orange Juice Choice of Milk	24 <i>Cinnamon French Toasts & Chicken Hoagie</i> <i>Sliced Bagel with Lite Cream Cheese V</i> <i>Multigrain Cheerios & Graham Crackers V</i> Fresh Banana Chilled Apple Juice Choice of Milk	25 <i>Waffle Sticks & Beef Sausage Patty</i> <i>Home-Style Cinnamon Roll V</i> <i>Toasted Oats & Graham Crackers V</i> Orange Citrus Smiles Chilled Apple Juice Choice of Milk
28 <i>Vegetarian Italian Bagels V</i> <i>Mini Sausage Rolls</i> <i>Multigrain Cheerios & Graham Crackers V</i> Fresh Cut Cantaloupe Chilled Apple Juice Choice of Milk	29 <i>Beef Sausage & Biscuit</i> <i>Whole Grain Pancakes & Chicken Hoagie</i> <i>Toasted Oats & Graham Crackers V</i> Fresh Apple Slices Chilled Orange Juice Choice of Milk	30 <i>Café LA Signature Coffee Cake V</i> <i>Fruit & Yogurt Parfait with Graham Crackers V</i> <i>Bran Flakes with Raisins & Graham Crackers V</i> Fresh Cut Honeydew Chilled Orange Juice Choice of Milk		

Milk Options: 1% White, 1% Strawberry, FF Chocolate, or FF Lactose Free

Menus are Subject to Change